

**VIRGINIA HIGHLANDS LHRC**  
**SWVMHI Learning Center - Dogwood Room**  
**340 Bagley Circle, Marion, VA 24354**  
**DATE (2/12/19) & TIME (12:00 PM)**  
**DRAFTED MINUTES**

LIST MEMBERS PRESENT: Denton Staley, Chairperson; Gardner Umbarger, Vice Chairperson; Barbara Bartnik, Secretary; Michelle Debord; Deidra Mathena; Suzanne Eller, Nancy Munsey

LIST MEMBERS ABSENT: None

OTHERS PRESENT: Brandon Rotenberry, Human Rights Advocate; Heather Oakes, Human Rights Advocate; Cynthia McClaskey, PhD; Matt Woodlee

**CALL TO ORDER**

Denton Staley (Chair) called the meeting to order at 12:24 PM. Introductions were made at this time.

**PUBLIC COMMENTS**

No public comments were made.

**APPROVAL OF THE AGENDA**

The revised agenda, submitted by Brandon Rotenberry, was motioned to be approved by Barbara Bartnik seconded by Gardner Umbarger and unanimously approved by committee members in attendance.

**APPROVAL OF THE MINUTES**

The December 4, 2018 minutes were motioned to be approved by Deidra Mathena seconded by Barbara Bartnik and unanimously approved by committee members in attendance.

**ADVOCATE UPDATE**

- Introduction of Heather Oakes, Human Rights Advocate
- Region 3 OHR fully staffed
- Regional training for community providers in Blacksburg facilitated on 1/16/19 regarding fast track regulation that was effective 11/1/18, dignity and freedom rights/restrictions, behavior treatment plans and seclusion/restraint/timeout
- CHRIS training for community providers planned for 4/25/19 in Abingdon
- LHRC membership update
- SHRC meeting at SWVMHI in October – LHRC members/public may attend open portions of the meeting

**SOUTHWESTERN VIRGINIA MENTAL HEALTH INSTITUTE**

- Facility Updates provided by Director Cynthia McClaskey, PhD:
  - Introduction of Matt Woodlee, Clinical Director
  - Review of 2018 abuse/neglect investigations

- Two psychiatry positions filled
- Psychologist vacancy filled – several psychology retirements
- Census update
- Second round of CSB executive level meetings starting soon
- Meetings with regional jail continue and are beneficial

CLOSED (EXECUTIVE) SESSION - Upon a motion made by Deidra Mathena seconded by Michelle Debord, the committee entered closed session at 12:48 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

- Review of Restrictions - SWVMHI (Sections 50 and 100)
  - Upon return to open session, these restrictions were unanimously accepted as presented with recommendations regarding restriction forms:
    - Forms should be clear and understandable for the individuals (person centered, individualized) with clinical steps the individual can follow to improve behavior. This includes discontinuation criteria.
    - Reviews of restriction forms should be reviewed more frequently or restrictions should not be written for long periods of time, such as 90 days.
- Discussion of possible phone restriction for individual served by Mt. Rogers CSB to facilitate better continuity of plan of care during hospitalizations. Plan will be submitted to the LHRC with Mt. Rogers CSB once complete.

RETURN TO OPEN SESSION - Upon reconvening in open session at 1:33 PM, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

#### ADJOURNMENT

The meeting was adjourned at 1:35 PM.

The next meeting will be held on April 16, 2019.

These Minutes were transcribed by Brandon Rotenberry, MSW, Human Rights Advocate.